

# GO Bag List

## CLOTHING

- Extra Pants/Shorts (w/lots of pockets)
- Extra Shirt
- Extra Socks
- Extra Pair Warm Clothes or Sweats
- Cotton Hat
- Rain Poncho
- Jacket With Hood (packable)

## PERSONAL HYGIENE / SANITATION

- Wash Cloths
- Bar of Soap
- Deodorant
- Dental Floss
- Toothbrush / Toothpaste
- Lotion
- Razor
- Hand Sanitizer
- Face mask/shield
- Travel Shampoo/Conditioner
- Moist Wipes / Clorox Wipes
- Toilet Paper (flattened)

## STAY HEALTHY

- Prescription Medication for a week and paper copies of your prescriptions (in Ziplock bags)
- Bug Repellent
- Small First-aid Kit

## FEEDING YOURSELF

### WATER

1 Gallon per day per person is suggested

## SHELTER

- Small Blanket
- Mylar (emergency) Blanket
- Tarp or Large Poncho (to use as coverage)

## TOOLS FOR SECURITY & SURVIVAL

- Gerber or Leatherman Multi-tool
- Emergency AM/FM Radio
- Heavy Duty Trash Bags
- Paper, Pens (or Sharpies!) and Tape
- Flashlight (w/ working batteries)
- Ziplock Bags

## KEEP YOUR SANITY

- Bible
- Small Journal
- Deck of Cards
- Foam Ear Plugs
- Collapsible Chair
- Books
- Small Pillow
- MONEY:**
- Credit and Debit Cards
- Small Denominations of Cash, including coins
- Emergency Phone Numbers & Addresses
- Copies of Important Documents: identification, passports, SS card, home and auto insurance information, medical records, bank and credit card account numbers (store all these in a waterproof folder/bag)
- Recent Family Photo(s) for identification – including your pets (in ziplock baggies)